

## Generation Celebration

\* The following lessons are designed grades 4-12

\*\* All of the following activities have a reflection and discussion section that meets academic standard 1.6.3 D or 1.6.5 D

Lesson Title	Pg	Grade Level	Academic Standards	Activity Description
<b>Session 1: Our attitudes toward aging</b>	<b>5</b>			
Activity 1: How do we view older adults?	6			Students fill out a questionnaire concerning their view of older people
Activity 2: What does "old" mean?	7			Students take a quiz about what affects old age has on people
Activity 3: Jumping to conclusions	8	5-11	1.6.5 D; 1.6.8 D; 1.6.11 D	Students take a quiz about old people and young people stereotypes then discuss
Fun with my friend: "Getting to know you" card game	8	5-11	1.6.5 E; 1.6.8 E; 1.6.11 E	Play a "getting to know you" game with an older friend
Alternate activity: Stories about youth and older adults	10	5-11	1.1.5 A & G; 1.1.8 A & G; 1.1.11 A & G	Read three or more books about youth and older adults
<b>Session 2: Aging and the media</b>	<b>11</b>			
Activity 1: Spotlight on you	12	5-11	1.6.5 D & F; 1.6.8 D & F; 1.6.11 D & F	Answer and discuss a questionnaire about media portrayal of older people
Activity 2: Media watch	13	5-11	1.6.5 D, E & F; 1.6.8 D, E & F; 1.6.11 D, E & F	In groups of two, observe how magazines portray older people. Present a short report to the group and discuss.
Activity 3: Advertising watch	14	5-11	1.6.5 D & F; 1.6.8 D & F; 1.6.11 D & F	Observe how much and how older people are portrayed in TV and magazine advertisements. Discuss results with group.
Fun with my friend: sharing fun together	15			Plan fun things to do when visiting older friend
Alternative activity: more media watch	16	5-11	1.6.5 D & F; 1.6.8 D & F; 1.6.11 D & F	Observe how much and how older people are portrayed in older friend's favorite TV programs and advertisements that play during that time. Discuss results with group.

Lesson Title	Pg	Grade Level	Academic Standards	Activity Description
<b>Session 3: What about the sense?</b>	<b>16</b>			
Activity 1: How aging affects our sense	16	5-12	1.6.5 D; 1.6.8 D; 1.6.11 D; 10.1.12 A	Do and discuss an activity that simulates various types of sensory loss (vision, hearing, touch & taste)
Alternative activity: Three views of aging	17	5-12	1.6.5 D; 1.6.8 D; 1.6.11 D; 10.1.12 A	Read and discuss three different case studies of growing older
Fun with my friend	18	5-12	1.6.5 D; 1.6.8 D; 1.6.11 D; 10.1.12 A	Discuss ideas for doing something to help out the older friends accomplish things they may have trouble with
Follow-up activity: Coping with challenges	18	5-12	1.6.5 D; 1.6.8 D; 1.6.11 D; 10.1.12 A	Visit with an occupational therapist or find other resources to come up with other helpful ideas. Discuss these ideas.
<b>Session 4: Storytelling</b>	<b>19</b>			
Activity 1: Storytelling ideas	20	5-11	1.6.5 D & E; 1.6.8 D & E; 1.6.11 D & E	Practice telling stories using various techniques
Fun with my friend: Storytelling	20	5-11	1.6.5 E; 1.6.8 E; 1.6.11 E	Interview or converse with older friend and ask them of stories they have
Follow-up activity: Story report	21	5-11		Write an informal summary of favorite stories from interview
Alternate interviewing activity	21	5-11	1.6.5 E; 1.6.8 E; 1.6.11 E	Interview or converse with older friend and ask them how things have changed since they were a child
<b>Session 5: Making visits count</b>	<b>22</b>			
Activity 1: Stimulate the senses	23	5-12	1.6.5 D & E; 1.6.8 D & E; 1.6.11 D & E; 10.1.12 A	Smaller groups come up with activities to stimulate the five senses then report to the larger group
Activity 2: Celebrate with your friend	25			Give older friend a gift that is inexpensive or no-cost
<b>Session 6: Foxfire: A generation celebration</b>	<b>26</b>			
Activity 1: Learning new skills	27	5-11	1.6.5 C; 1.6.8 C; 1.6.11 C	Teach a skill to and learn a new skill from older friend
Follow-up activity: Thoughts about foxfire	28			Reflect on the Foxfire skill activity
Activity 2: You and your friend in the future	28	5-11	1.6.5 D & E; 1.6.8 D & E; 1.6.11 D & E; 10.1.12 A	Discuss maintaining the friendship and decide on having future meetings
Activities with my older friend	29	8-11	1.4.8 D; 1.4.11 D	Record and reflect on activities done and things learned

Academic Standards for Reading, Writing, Speaking and Listening met::

Learning to Read Independently: 1.1.5 A & G; 1.1.8 A & G; 1.1.11 A & G

Types of Writing: 1.4.8 D; 1.4.11 D

Speaking & Listening: 1.6.5 C-F; 1.6.8 C-F; 1.6.11 C-F

Academic Standards for Health, Safety and Physical Education met::

Concepts of Health: 10.1.12 A