**Coordinates**

**You will learn to:**
- Mix and match garments
- Match stripes
- Select patterns and fabric
- Handle enclosed seams
- Clip and grade
- Gather
- Make simple alterations
- Staystitch and understitch
- Recognize raglan, kimono, and dolman sleeves
- Stitch and tack facings
- Ease and press
- Strengthen areas of stress

**You will need:**
- Sewing machine
- Pattern
- Woven fabric
- Shears or sewing scissors
- Pins and pincushion or holder
- Measuring tape and gauge
- Other sewing notions as needed
- Parent or leader to help you

**Sew:**
Sew a simple top, vest or poncho, and one of the following:
- skirt with a waistband or facing
- slacks with a waistband or facing
- shorts with a waistband or facing
- jumper or jumpsuit with a facing

You may use an elastic in the waistband, but you should take the “Sew Much Fun” project if you want to make a casing. You may also make:
- a simple dress with a facing—no waistband or set-in sleeves
Expanding Your Wardrobe

Your clothing should reflect your lifestyle. A carefully planned wardrobe means having clothes for activities that are important to you. You’ll want clothes that look great and that will be ready when you need them.

Mixing and matching coordinates can expand your wardrobe. Before you buy or make any new items, look at what you already have and what you really like. Also think about the following:

- How many hours do you spend at home (sleeping, studying, and watching TV), sports events, church, and other activities? Do you need clothes for special occasions, for an after-school or summer job, or to travel?
- What is your personal style? What colors do you have in your closet? What looks good on you?

What are your favorite colors? List two or three.

_________________________________________

_________________________________________

_________________________________________

Are any of your favorite colors in your wardrobe?

_________________________________________

_________________________________________

Do you have one or two neutral colors that seem to work with almost any color (black, brown, beige, cream, navy)? (Circle the ones you have.) Which neutral looks better on you, a cream color or white?

Look carefully at the 20 percent of outfits you wear 80 percent of the time. What do they have in common? Look at those items you don’t wear very often. Is it because the garments don’t fit, they don’t go with anything else, or they require special care? Finding out why they don’t seem to work will help you make the right choices in the future.

To expand your wardrobe, first shop in your closet. Discover the combinations of garments you can put together with the accessories you already have. Try things out by “scarecrowing” an outfit on a bed or table. This will help you see matches before you actually try things on together.

Keep in mind the principles of design that you learned in other projects or in art class. But also look in the mirror to discover if the pieces go well together and really look good on you. A parent can help you with your choices and can start a list of workable mix-and-match combinations.

Here’s another activity to try: Check out store displays to see what combinations of colors and garments are popular this season. What clothing combinations can you find in clothing and pattern catalogs?
Wardrobe Inventory and Planning Activity

1. Make an inventory of your wardrobe. Then check the appropriate categories in the chart below (have, need, want).

2. Check whether you plan to make or buy the items you need or want.

3. Estimate the costs of your needs and wants, and put a star next to the costs of needed items.

<table>
<thead>
<tr>
<th>Activities I participated in during the year</th>
<th>Items</th>
<th>Number you have</th>
<th>Number you need</th>
<th>Number you want</th>
<th>Buy or make</th>
<th>Cost of needs, wants</th>
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<tr>
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<td>Outerwear:</td>
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<td>jackets, sweaters</td>
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<td>caps, hats</td>
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<td>Everyday clothes:</td>
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<td>shirts, blouses</td>
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<td>jeans, pants, slacks</td>
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<td>skirts, dresses</td>
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<td>Dress-up clothes:</td>
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<td>sandals</td>
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What I learned in this project (new skills, new words)

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What I shared with others (presentations, helping other members, community service)

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<thead>
<tr>
<th>TOPIC OR SKILL</th>
<th>DATE</th>
<th>NO. OF PEOPLE WHO WATCHED</th>
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</table>

Did I participate in Fashion Revue? ____________

Where? _______________ When? ________________

Project story
Use this space to write about your project. What did you do? What did you enjoy doing most? Least? Tell about the type of pattern and fabric you selected. What did you have the most difficult time sewing? Include a picture or make a sketch of your final outfit, complete with accessories. Tell about the fiber content of your fabric(s) and attach sample swatches. Talk about the sewing resources you used, the resource people you met, and the activities you did at your group meetings.

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## Coordinates Project Record

Name ____________________________________________

Address ____________________________________________

Age as of January 1 ___________

Club ____________________________________________

Number of years in this project _______________________

Number of years in Textile Science projects _____________

Leader's signature __________________________________

### What I made for my project

<table>
<thead>
<tr>
<th>ITEM</th>
<th>FIBER CONTENT</th>
<th>COST</th>
<th>HOURS TO MAKE</th>
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Total number of garments made this year ______________.

### People who helped me and resources I used for this project

___________________________________________________

___________________________________________________

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Sharing What You’ve Learned
Show someone else what you have learned. Tell how to do one of the following:
- Finish a seam
- Put in an elastic waistband
- Press a gathered area
- Clip and grade curved seams
- Tack facings down

Or talk about:
- Why you understitch and staystitch
- Easy ways to gather

Differences between raglan, kimono, and dolman sleeves
Simple pattern alterations (lengthen or shorten lines)

Want to Know More?
There are many sewing, color, and wardrobe planning books that can show you how to master the skills in this project. Look for these books at your public library or your county extension office. In Pennsylvania, 4-H resource materials are updated on PENpages.

Exhibits and Fashion Revue
Exhibit your garments and model them in the fashion revue! Check current fair or round-up listings. Don’t forget to put a fabric label on the inside of your garments. The label should be printed with your name, age, 4-H club, and county. Ask about fashion revue entry dates and rules.

Taking the Project Again
You may take this project again if you make different garments and choose activities that will help you learn new skills.

Name  Kelly Toroe
Age  12
4-H club  Snippet
County  Snippet

Prepared by Jan Scholl, associate professor of agricultural and extension education.
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