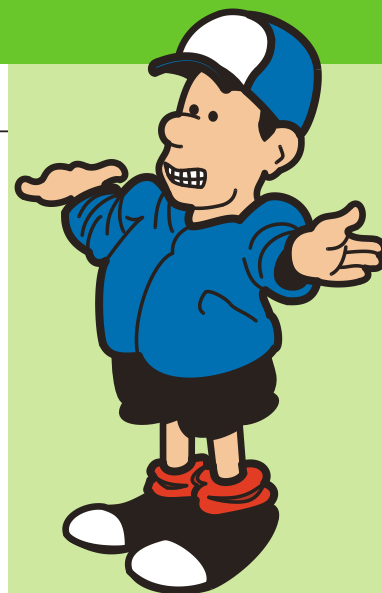




PENNSTATE



College of Agricultural Sciences
Cooperative Extension



Discovering Me!

Recommended grade level:

Project length:

Cost:

Teacher's responsibility:

For more information, contact:

"Discovering Me" helps adolescents better understand who they are and why they think and feel the way they do. It also teaches decision-making and problem-solving skills that prepare them for responsible adulthood.

4-H and Schools: A Great Partnership!

4-H is a youth development program of Penn State Cooperative Extension. It is a nonformal education program for youth between the ages of 8 and 19.

4-H projects are offered to youth through community clubs, project clubs, and special interest groups, as enrichment to school curricula, and in the 4-H Afterschool program. Projects are based on research, and many help to support the Pennsylvania Department of Education Academic Standards.

This publication is available in alternative media on request.

Penn State is committed to affirmative action, equal opportunity, and the diversity of its workforce.

U.Ed. OUT05-0476