1. Go to extension.psu.edu/connect and enter your email address.

2. Tell us about yourself.
   - First Name: John
   - Last Name: Doe
   - Email: john.doe@psu.edu
   - Postal Code: 16802
   - Save Information

3. Select the type of info you want to receive.
   - Contact Preferences

4. Select your interests.
   - Areas of Interest
     - Trees, Lawns, & Landscaping
       - Aquatic Plants and Algae
       - Backyard Beekeeping
       - Commercial Beekeeping
       - Commercial Ornamentals
       - Commercial Trees and Shrubs
       - Home Lawn and Garden
     - Water
       - Backyard Ponds and Water Gardens
       - Community Watershed Management
       - Drinking and Residential Water
       - Farm and Rural Pond Management

5. Select the industry you work in.
   - Industry Information
     - Crop Production
       - Agronomic Crops
       - Christmas Trees
       - Cover Crops
       - Forages
       - Mushrooms
       - Pollination and Bees
         - Small Fruit Producer
         - Tree Fruit Producer
         - Vegetables Hobbyist

TIPS
- You can update your preferences from any page on the website using the “Manage Email Preferences” link in the footer.
- You can also update your preferences by clicking on “Email Preferences” from your Penn State Extension Account.