Rain Garden Plants: Swamp Milkweed

This informational article includes details and pictures of swamp milkweed (Asclepias incarnata).

Host plant for monarch butterfly caterpillar. Flower’s horns are longer than its hoods. Flowers are rarely white.

**Height:** 36 to 48 inches  
**Bloom color:** Pink; five petals  
**Bloom time:** June to August  
**Hardiness zone:** 3 to 9  
**Salt tolerance:** Not tolerant  
**Spreading habit:** Clump-forming, upright; spreads through rhizomes and wind-blown seeds
Swamp Milkweed Seed Pod, Image Credit: Steven Katovich, Bugwood.org

Site Conditions

**Sun:** Sun/partial shade  
**Soil:** Moisture retentive to damp soils  
**Hydrologic zone:** Wet/moist; occasional flooding

Sources


PLANTS Database, USDA Natural Resources Conservation Service.

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