Master Food Preserver Volunteer Training

May 4, 5, 6, 2021 – 9:00 AM to Noon each day

https://psu.zoom.us/j/94272458271

May 4 – Day 1

Welcome – Dr. Cathy Cutter, Professor and Food Safety Extension Specialist and Assistant Director of Food Safety & Quality Programs Penn State Extension

Zoom Housekeeping

- Practice camera, practice in chat, practice mute and unmute.

Introductions

Water Bath/Atmospheric Steam Canning

- Pickled Cauliflower (recipe Let’s Preserve: Quick Process Pickles)
- Have copy of PowerPoint slides “Canning Equipment and Water Bath Basics” available for reference (these were in the mailed materials with the So Easy to Preserve book).

Atmospheric Steam canner

- Refer to “General Directions for Atmospheric Steam Canning” handout in packet.

Wrap Up

May 5 – Day 2

Follow up from day 1

Pressure Canning

- Carrots (hot and raw pack) (recipe Let’s Preserve: Root Vegetables – Beets, Carrots, Turnips, and Rutabagas)
- Have copy of PowerPoint slides “Pressure Canning Foods at Home – The Basics” available for reference (these were in the mailed materials with the So Easy to Preserve book).

All American and Weighted Gauge Canners

Gauge testing

- Video and practice with mentor
- Have copy of All American Canner Dial Gauge Testing Information handout available for reference.

Handling Questions

- During processing of carrots have handouts from packet on “Q&A, Answering the tough canning questions” and “Handling Consumer Questions on Home Food Preservation.”
• Resources - “Master Food Preservers Program” handout

Wrap up

**May 6 – Day 3**

Follow up from day 2

Drying Demo

• Fruit leather and Jerky

Exam review and scoring

Material review – have the following handouts from the packet available for review.

• Master Food Preserver Log
• Master Food Preserver Volunteer Educator Requirements
• Master Food Preserver Volunteer Position Requirements and Responsibilities
• Master Food Preserver Volunteer Agreement Form and Volunteer Risk Waiver Form
• Civil Rights Responsibilities of Volunteers

Next steps

Thank you!