



# SAFELY HANDLING FOODS AT FOOD PANTRIES WITH COVID-19 IN MIND

## Consumer Key Safety Points



### Minimize time at the pantry.

Call ahead to register and follow pantry distribution guidelines.



After returning home, wash your hands for 20 seconds, wetting hands first.

- Wash hands again after you put away your food.
- Clean and sanitize kitchen counters.



### Do not come to pick up food if you are showing signs of or have known exposure to COVID-19

(fever, cough, shortness of breath, chills, headache, muscle pain, sore throat, new loss of taste or smell). Notify the food pantry that someone else will pick up your food if policy allows.



There is no evidence that food or food packaging is associated with spreading the coronavirus that causes COVID-19. As always, wash produce with running water and a scrub brush if needed before eating or preparing food.



Wear a mask and follow physical distancing guidelines of 6 feet between other customers and volunteers.

### References

Centers for Disease Control and Prevention. "Coronavirus (COVID-19)." <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

Pennsylvania Department of Agriculture. "COVID-19 (Novel Coronavirus) Prevention Practices for Food Banks and Food Pantries." <https://www.agriculture.pa.gov/Documents/COVID-19%20Guidance%20for%20Food%20Assistance%20Agencies.pdf>.

Pennsylvania Department of Health. "Coronavirus (COVID-19)." <https://www.health.pa.gov/topics/disease/Pages/Coronavirus.aspx>.



Avoid touching your face.

### extension.psu.edu

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