

Academic Standards met by the **Step Up To Leadership 3-5** workbook broken down by Lesson:

*Page number is for the K-5 Mentor Guide.

Lesson Title	Page *	Grade Level	Academic Standards	Activity description
Assess Myself	38	3	13.3.3 C	Students assess leadership abilities and ability to work with others.
This Is Me	40	3-5 3	1.6.3 D; 1.6.5 D 5.3.3 H; 13.1.3 A	Students discuss what they value. Students identify what is important to them.
Put Yourself in Someone Else's Shoes	42	3 3-5 3	1.4.3 B 1.6.3 D; 1.6.5 D 5.3.3 G	Students simulate a disability (i.e. blindfolded) then write down their feelings. Students discuss their experience. Students learn empathy and why people should have equal opportunity.
Who's Responsible?	44	3	13.3.3 A	Students identify their responsibilities.
Step-By-Step	46	3-5 3 3	1.6.3 B & D; 1.6.5 B & D 1.6.3 E 11.2.3 H	Students reach and discuss <i>Amelia Bedelia</i> books Students play an activity that involves giving directions. Students play an activity that involves following directions.
I Didn't <u>See</u> What You Said	48	3	11.2.3 H	Students learn about non-verbal communication
I Thought You Said...?	50	3-5	1.6.3 A; 1.6.5 A; 11.2.3 H	Students listen to each other with and without distractions.
Gathering Up Loose Ends	52	3	11.2.3 D	Students organize their rooms for efficiency
Untangle the Knot	54	3-5 3 3 3-5	1.6.3 A & D; 1.6.5 A & D 11.2.3 C 11.2.3 B 13.3.3 B; 13.3.5 B	Students form a knot then work together and listen to each other to untangle. Students work as a team with the goal to undo the human knot and then reflect. Students learn about short and long term goals. Students cooperate to untangle the human knot.
Mapping Our Plan	56	3 3 3-5	1.4.3 B 11.2.3 B 13.3.3 B; 13.3.5 B	Students decide on a project then write a plan. Students set dates to have steps accomplished. Students work as a group and reflect on the experience.

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Many Hands Make Light Work	58	3-5	1.6.3 A; 1.6.5 A	Students listen to others make presentation on their inventions.
		3-5	1.6.3 E; 1.6.5 E	Students present their own inventions.
		3-5	11.2.3 C; 13.3.3 B; 13.3.5 B	Students work as a team to invent something then reflect on the process.
		3	13.2.3 G	Students build an invention as a group.
		3	13.3.3 C	Students learn how to work together and the benefits of working together.
Freeze a Conflict	60	3-5	1.6.3 D; 1.6.5 D	Students discuss various types of conflicts.
		3	5.2.3 C; 11.2.3 H	Students identify conflict, resolve conflict, and discuss resolution techniques.
		5	13.3.5 C	Students learn about roadblocks to working together and conflict management.
Now is That a Plan or What?	62	3-5	1.6.3 D; 1.6.5 D 1.8.3 A & B; 1.8.5 A & B 10.2.3 D 13.3.3 B; 13.3.5 B	Students discuss and plan an event. Students do research related to planning an event. Students learn about the decision making process. Students work together to plan an event.

Academic Standards for Reading, Writing, Speaking and Listening met:	
	Types of Writing: 1.4.3 B
	Speaking & Listening: 1.6.3 A, B, D & E; 1.6.5 A, B, D & E
	Research: 1.8.3 A & B; 1.8.5 A & B

Academic Standards for Civics and Government met:	
	Rights & Responsibilities of Citizenship: 5.2.3 C
	How Government Works: 5.3.3 G & H

Academic Standards for Health, Safety and Physical Education met:	
	Healthful Living: 10.2.3 D

Academic Standards for Family and Consumer Sciences met:	
	Balancing Family, Work & Community Responsibility: 11.2.3 B, C, D & H

Proposed Academic Standards for Career Education and Work met:	
	Career Awareness & Planning: 13.1.3 A
	Career Acquisition (Getting a Job): 13.2.3 G
	Career Retention (Keeping a Job): 13.3.3 A, B & C; 13.3.5 B & C