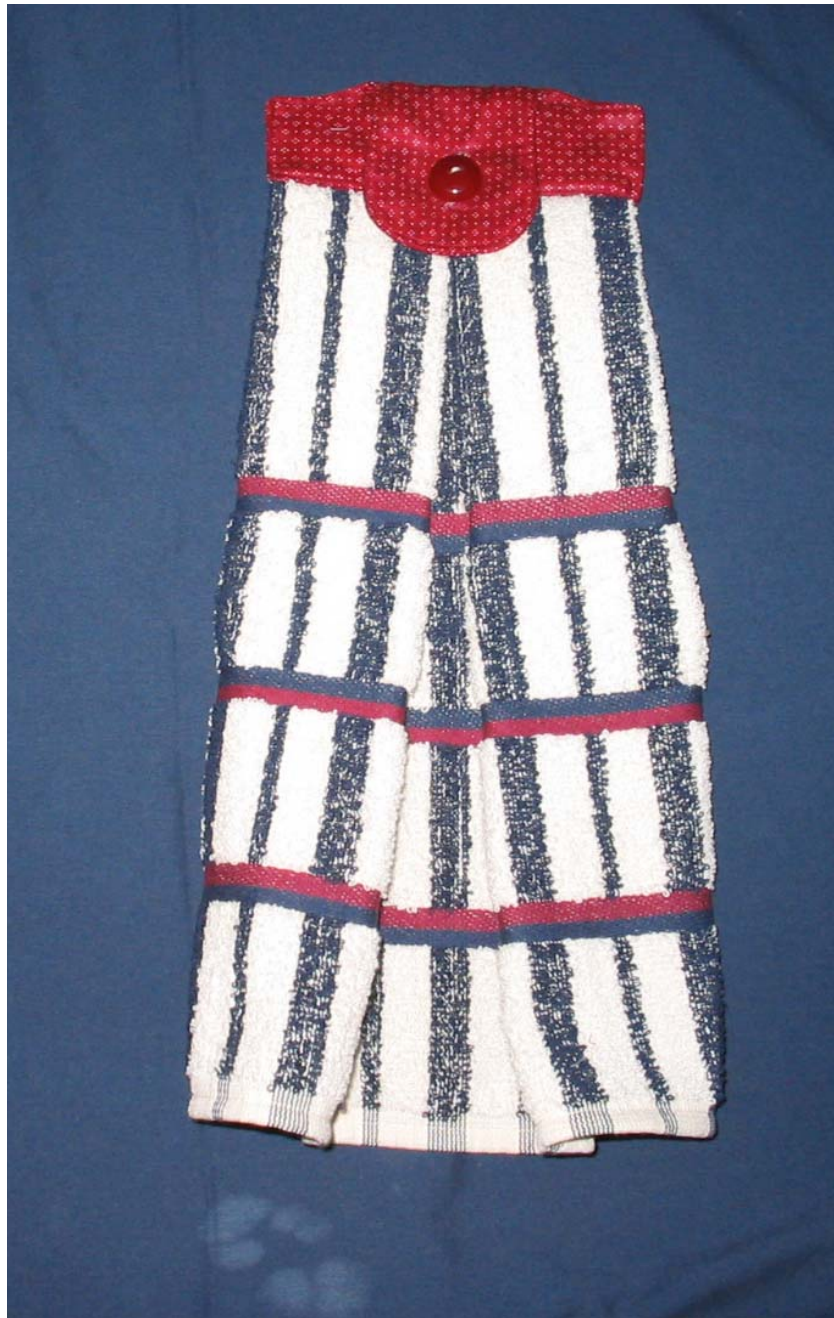


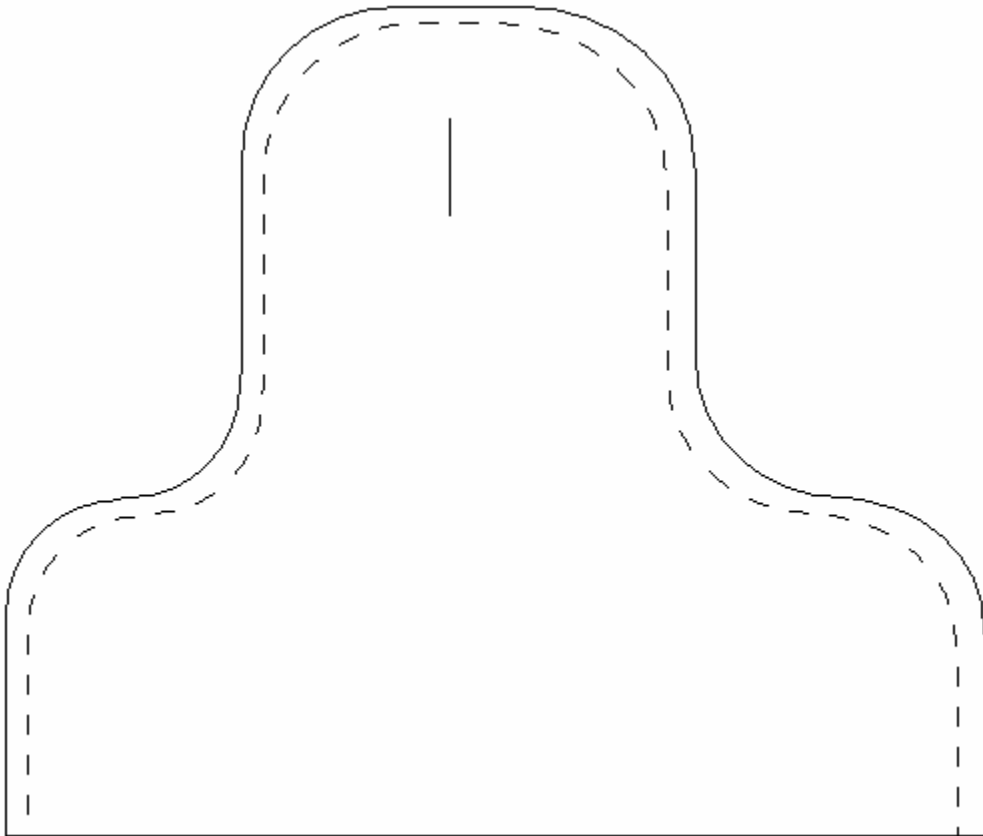
How to Make a Kitchen Towel



Kitchen Towel Instructions

Materials Needed:

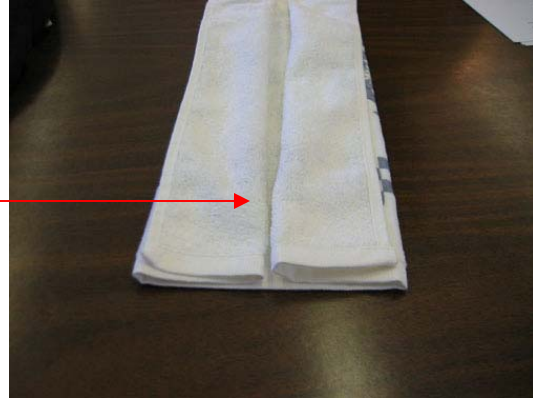
1. Pattern below
2. A button (1/2" to 1" long)
3. Kitchen or Hand Towel that is 15" long
4. Two 8" x 8" woven fabric scraps with rights sides together on the lengthwise grain
5. Thread that matches the background color of the fabric scraps
6. Iron (for pressing)
7. Sewing shears



Pattern

Step #1: Take the towel and fold it so there is a center pleat (see image below). The length of the top of the towel folded should be as long as the bottom length of the pattern. Press the towel with the pleat, and machine baste along the top edge of the towel to hold the pleat in place. Set towel aside.

Pleat

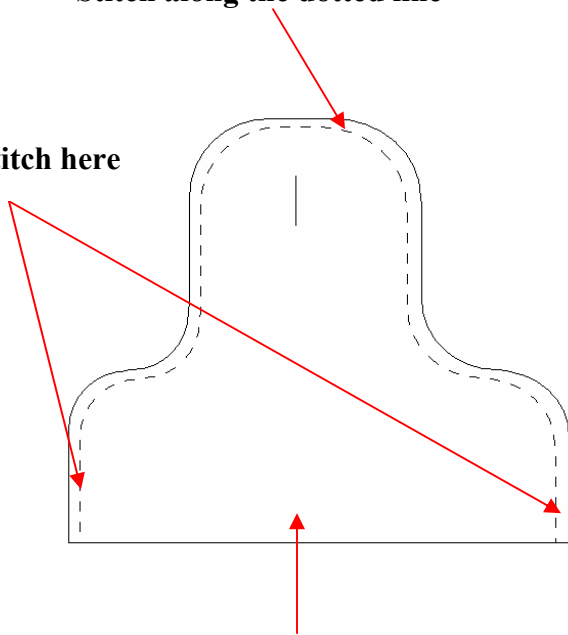


Step #2: Right sides together, pin the pattern to the fabric scraps and cut around the pattern. Unpin and remove the pattern.

Step #3: Keeping the two fabric scraps' "right" sides together and pinned, stitch around the top portion (machine preferred), leaving the bottom edge unstitched. Backstitch at both the start and the end of the stitching to reinforce the seam, make knots on each end, and clip the frayed threads. Top stitch over the stitching to further strengthen the seam.

Stitch along the dotted line

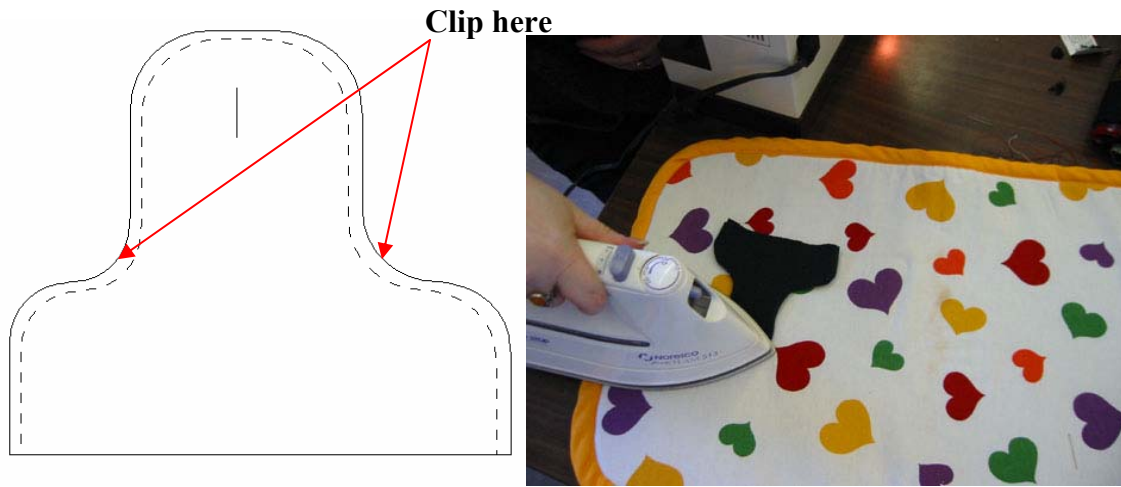
Backstitch here



Don't stitch along the bottom

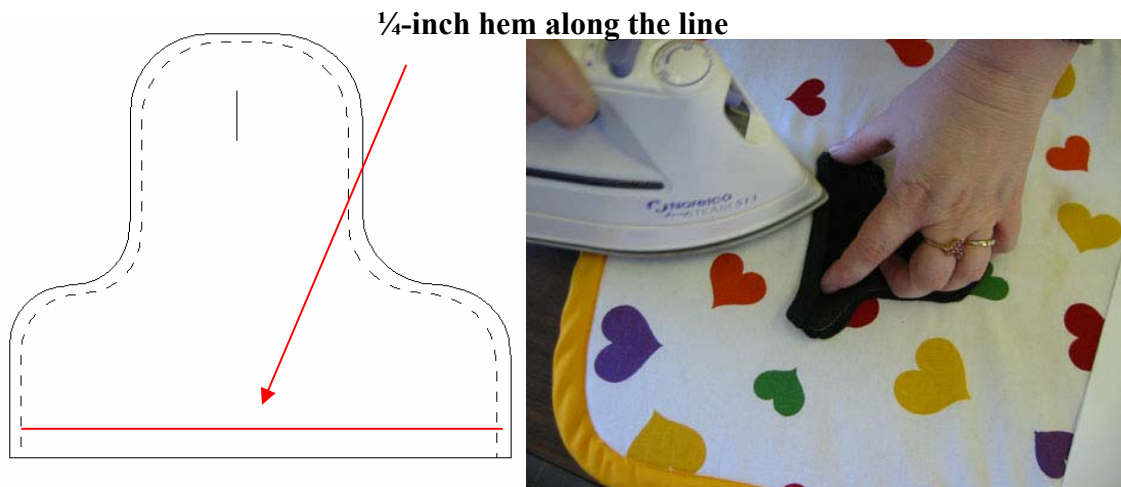


Step #4: Clip the concave curves (see diagram below) with scissors every ½ inch to allow flexibility when the pattern is turned to the right side. Be careful not to cut through the seams. Press seams open.

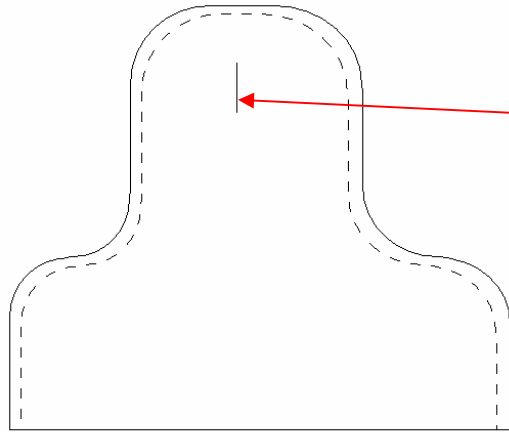


Step #5: Turn right side out. Press this side as well.

Step #6: Turn fabric pattern inside out again. Turn a ¼-inch hem (see glossary) on the bottom of the pattern. Baste all the way around the opening and press in place. Turn fabric pattern right side out again and press the hem.



Step #7: To make the hole for the button, measure the length plus the width of the button and make a buttonhole the size of the total length. The top end of the buttonhole should be at least 1 inch from the top edge of the fabric.



Make the buttonhole here

Step #8: Attach the fabric to the top of the towel and pin them together. Put the towel at least a ½ inch into the fabric hem and pin and baste across, removing the pins along the way.

Pin and baste the fabric to the top of the towel.



Step #9: Machine stitch across the fabric piece and the towel edge. Backstitch at the beginning and end of the stitches. Check the stitch and remove the basting stitches.



Step #10: Sew button top of the pleat opening on the towel and button the button.

Sew button here



Step #11: Clip any stray threads and do a final press. **You're done!**

Glossary

Baste: To make a temporary stitch before machine sewing in order to prevent the fabric from moving during the stitching process and prevent stitching over pins.

Press: An up-and-down, rather than side-to-side movement with an iron on a steam setting.

Backstitch: To go over an area already stitched so that the seam doesn't pull out. Usually done at the beginning of the seam and at the end.

Hem: Fold fabric up to create a crisp edge.

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