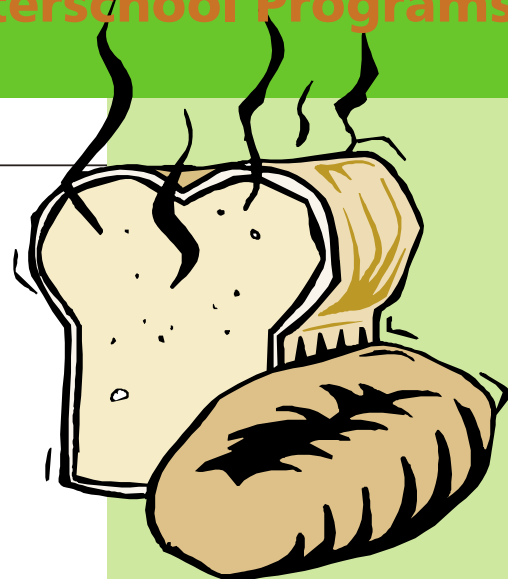




PENNSTATE



College of Agricultural Sciences  
Cooperative Extension



# 4-H Foods

**Recommended grade level:**

**Project length:**

**Cost:**

**Teacher's responsibility:**

**For more information, contact:**

The 4-H Foods series includes four projects designed for youth of different ages and skill levels. Included are The Global Gourmet, Let's Make Quick Breads, Star-Spangled Foods, and Yeast Breads on the Rise.

## 4-H and Schools: A Great Partnership!

4-H is a youth development program of Penn State Cooperative Extension. It is a nonformal education program for youth between the ages of 8 and 19.

4-H projects are offered to youth through community clubs, project clubs, and special interest groups, as enrichment to school curricula, and in the 4-H Afterschool program. Projects are based on research, and many help to support the Pennsylvania Department of Education Academic Standards.

This publication is available in alternative media on request.

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