

4-H Create A Project Leaders Guide

WHAT is the main purpose for the Create A Project (CAP):

Provide an avenue to teach youth a 4-H project when a PSU or county project book is not available. Working together, youth and adults should answer the questions in CAP outline on the following pages. Be sure to include activities and verbal/written interaction during the process, to help develop the life skills listed below.

The overall objective for the Create a Project: Help the 4-H member learn a leisure education activity, increase their knowledge and skills, as well as build their self esteem.

CAP projects can have an arts and crafts focus, creative writing, collecting, or another interest for which we do not have a 4-H project. The choice of project needs to match the physical and mental developmental skills of the youth completing the project. Expect quality of work standards appropriate for the age of the child.

Each project needs to include a **minimum of three (3) project working meetings** and **six (6) hours of instruction/work** to meet the minimum requirement to be considered a project.

The 6 hours may include:

- Introduction to the project (history, origin, review list of supplies, research procedures for making the project on the WEB) and other appropriate steps to explain the project.
- After obtaining the materials, learn the procedure by practicing on versions of the craft/item, and exhibit the best version of the project at your club roundup and the County Showcase.
- Include a field trip or have an experienced person in that specific project area, share their story and samples of their workmanship.
- Help the members do a Show and Tell or presentation, write their story and complete the CAP project book.

WHY is it important to develop life skills in our youth via their project experiences? Take a minute and think about the life skills you use every day in your workplace, family and community interactions, such as:

Decision Making	Problem Solving	Speaking in a group setting
Team work	Goal setting	Managing Resources
Organization	Learning to Learn	Communication Skills (listening, writing, and speaking)
	Acceptance of others who may be different than you	

If you have any questions while developing the CAP outline, please contact a 4-H Educator at the Extension office at 717-394-6851 or <http://extension.psu.edu/lancaster>
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Proposal Sheet

To Be Completed by 4-H Leader

Please return to your organizational leader before reorganizational meeting.

1. Subject area or project title _____

2. What do you expect to learn or accomplish through the project? (Goals)

A.

B.

C.

3. List the steps you plan to take throughout the project to complete your learning.

A.

B.

C.

D.

E.

4. What equipment/supplies do you need for your project?

A.

B.

C.

D.

E.

5. What do you expect to exhibit as a completed project? (Describe in detail).

4-H Leader's Signature _____ Date _____

4-H Club _____ Phone Number _____

Potential 4-H Roundup Judge Name and Phone number _____